

FOR IMMEDIATE RELEASE
Contact: Sharon Mansur
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SHIFT~ a performance salon
curated by Sharon Mansur
in partnership with the
City of Winona Parks and Recreation Department presents
LAND/ings: Katwa Ngoma & Sharon Mansur
Saturday, August 13, 2022 @7pm

“Only when you drink from the river of silence shall you indeed sing. And when you have reached the mountain top, then you shall begin to climb. And when the earth shall claim your limbs, then shall you truly dance.” ~Kahlil Gibran

Join Winona based percussionist Katwa Ngoma & dance/interdisciplinary artist Sharon Mansur for *LAND/ings*, a music and dance performance that reflects the imperfectly perfect everyday spaces we inhabit.

Local artist **Sharon Mansur** is thrilled to once again be curating and presenting **SHIFT~ performance salons** this summer/fall in Winona, Mni Sota Makoce/Minnesota, Dakota Land. The first one of three in this outdoor in person performance series will take place **Saturday, August 13th @ 7:00pm (Raindate Sunday, August 14th @7:00pm)**. You are invited to join Katwa & Sharon as they inhabit and animate various sites at the beloved **East End Recreation Center** in Winona. This collaborative event honors everyday spaces such as the ERC that we inhabit, play in and nurture within our community. *LAND/ings* is free and open to all ages, no reservations needed.

SHIFT~ performance salon

What: *LAND/ings: Katwa Ngoma & Sharon Mansur*

When: Saturday, August 13, 2022 @ 7pm (Rain date Sunday, August 14, 2022 @ 7pm)

Where: East End Recreation Center, 210 Zumbro Street, Winona, MN

ADMISSION: FREE, open to all ages, no reservations needed

MORE INFO: www.facebook.com/SHIFT.performance.salons or www.mansurdance.com/shift.html

IN PERSON EVENT GUIDELINES:

Wear comfortable walking shoes and bring a folding chair for your seating comfort! You are also welcome to stand and wander during the event. Total performance will be 45 minutes followed by a brief 15 minute audience discussion.

For audience accommodation requests: sharonmansur@gmail.com.

BACKGROUND

SHIFT~ a performance salon, started in 2016 by Sharon Mansur, is an informal and intimate interdisciplinary creative platform primarily for Winona area female, BIPOC and/or Queer artists. SHIFT~ encourages artists to test out ideas, experiment, engage audiences in conversation, and further the development of contemporary art practices in our community. SHIFT~ supports creativity, collaboration and innovation, and making those processes accessible through public performance and engagement.

BIOS

Katwa Ngoma (he/him) was born and raised predominantly in Nairobi, Kenya and moved to Winona, MN in 2007. He initially participated in several cultural engagements conducting African drumming workshops in 2015-2016 that spearheaded his involvement in artistic events in the community. Katwa teamed up with other members of different backgrounds residing in the Winona area and hosts an open and free drumming gathering, currently meeting weekly. He enjoys spending time outdoors with his daughter, and finding an activity like drumming enables him to connect with his community and also his ancestral background. This symbiotic relationship has brought together our community members of all ages and all walks of life to express themselves through sound and movement.

Sharon Mansur (she/her) is a SWANA/Arab American dance and interdisciplinary experimental artist, educator, curator, and community mover and shaker based in Winona, MN, Dakota land. She loves creating artistic opportunities for people to connect and engage. Sharon is currently the director of The Cedar Tree Project, amplifying regional, national and international creative voices from the SWANA/Arab diaspora, and curator of SHIFT~ performance salons.

SUPPORT

Sharon Mansur is a fiscal year 2022 recipient of a Creative Support for Individuals grant from the Minnesota State Arts Board. This activity is made possible by the voters of Minnesota through a grant from the Minnesota State Arts Board, thanks to a legislative appropriation by the Minnesota State Legislature; and by a grant from the National Endowment for the Arts.

Additional support for the August SHIFT~ is provided by the City of Winona Parks and Recreation Department.

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